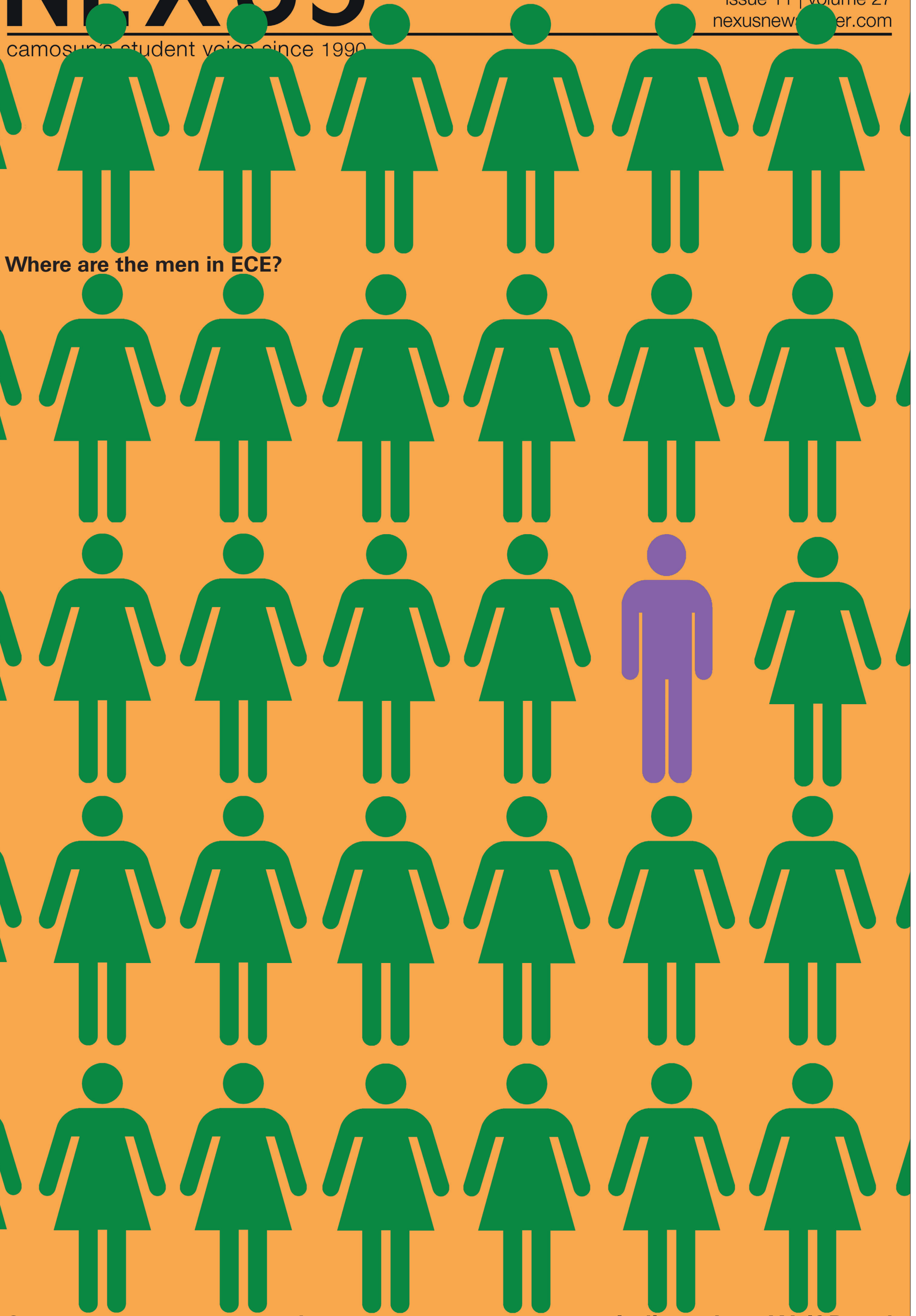


NEXUS

camosun's student voice since 1990

february 15, 2017
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Where are the men in ECE?

Camosun moves ahead with sexual-misconduct policy

Indie rockers Wolf Parade return to Victoria

NEXUS

camosun's student voice since 1990

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Something on your mind? If you're a Camosun student, send *Open Space* submissions (up to 500 words) to editor@nexusnewspaper.com. Include your student number. Thanks!

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SEND A LETTER

Nexus prints letters to the editor. *Nexus* reserves the right to refuse publication of letters. Letters must include full name and student number if a Camosun student (not printed). *Nexus* accepts all letters by email to editor@nexusnewspaper.com. We reserve the right to edit all letters.

OVERHEARD AT NEXUS: "It's a somewhat unremarkable penis."

COVER ILLUSTRATION:

Matt Smith/*Nexus*

student editor's letter

Featuring: features

Opening up the latest issue of *Nexus* to the middle spread to find invigorating, text-heavy features, as they have been of late, truly makes me proud. Features are the peak of our plotline, the face of the paper (literally), and, occasionally, the entities responsible for the grey hairs in managing editor Greg Pratt's beard. Stress is the name of the game, but it's a small price to pay for doing journalism proud.

Many people don't know that *Nexus* has no official ties to Camosun College. This allows us to look through the objective, unbiased lens that seems to be dying a slow, sad death in Trump-era North America, and it allows us to bring you the reader nothing but the truth from a student's perspective.

This issue's feature is about men in Early Childhood Care and Education; features writer Quinn Hiebert has written another one to remember. Turn to page 6 for the lowdown.

Speaking of our writers, if you want to get to know them a little better, we've started a new column—*Know Your Writers*—where *Nexus* writers answer a few questions that might be burning in your mind, such as what drew us to journalism. Check it out on page 12.

Camosun College is moving ahead with their new sexual-misconduct policy; check out page 3 to get the scoop on that. And once you're done with the issue, don't forget to head over to our website to read our web-exclusive stories, which are added regularly; see page 10 for a listing of some recent ones.

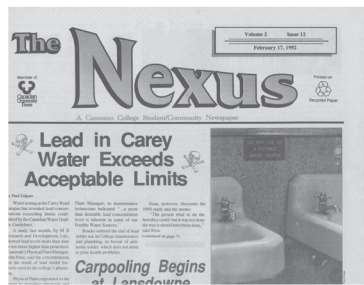
We've almost made it through winter here. There have been dark times, light times, and everything in between. No matter what, keep on keeping on.

Until next issue, we hope you enjoy this one. As always, you are more than welcome to write us at any time if you've got something that pertains to students that we should know about, look into, and write about.

Adam Marsh, student editor
adam@nexusnewspaper.com

flashback

25 Years Ago in Nexus



Clip-art catastrophe: The story "Lead in Carey water exceeds acceptable limits" in our February 17, 1992 issue talked about how water in the now-defunct Camosun Carey Road campus had lead concentrations that were higher than they should have been. That's no surprise for buildings of a certain vintage, but what was surprising was our rather tactless and most certainly puzzling decision to adorn the story with images of clip-art skull and crossbones. Clip art! This is offensive on a few levels, not the least of which involves looking at

it from a design perspective. Sorry 'bout that.

Wha...?: The Camosun College Business Network had a humorous column of sorts published this issue called "15 ways to deal with stress." Amongst the silly ideas was number 9, which was probably not the funniest thing ever printed in our inky pages: "Leaf through *National Geographic* and draw underwear on the natives." Sure thing.

Camosun College fever: Letter-writer Yvonne M. Bob wrote in this issue to state she had a problem with student clubs raffling off bottles of alcohol on campus. She said it was problematic, as some students may have drinking problems and she had a friend die due to a drunk driver. Still, as serious as the letter is, the last line is a funny one: "Raffling off a booze bottle in the 1990s is about as in touch with the times as coming to school wearing disco pants."

open space

Excess consumption must stop

JAYDEN GRIEVE

CONTRIBUTING WRITER

Materiality is a spectre, possessing our body without our knowledge, causing us pain that we think we are enjoying. There are things—physical things—that we need; there is nothing wrong with a certain amount of possessions. What is wrong is when the volume of one's possessions begins to fill their mortal glass until their cup runneth over... and onto the table... and all over the floor.

Is it the American dream that has suggested we buy until there is nothing to buy? I think most have realized that the American dream is an ornamental cherry—fruitless

our complaints about poverty echo inside our empty vaults.

Name for me one good reason to shatter ourselves at work perpetually if we're going to waste our reparations on things that we will cease to think about the moment they land on our floor with an empty thud.

Why waste? Why waste anything when life is so short it's already practically over? Reassess what you think you need. There is no denying that there are things that you need. The extent, the extravagance—these are what need to be reconsidered.

Work less and buy a smaller house. Don't buy things you will

Don't buy things you will never think about again. Do things that you will have a hard time not thinking about every second for the rest of your life.

despite its beauty—that encourages the instinctual acquiring habits of our populace.

There are things—physical things—that will bring happiness, but if an objective spyglass is turned to Mt. Material it becomes obvious that those things make up only a dusted snowcap.

Buying is second nature to us. We've been told, despite our knowing better, that physical things will make us happy, and we are slumbering in rising bathwater. Too long have we ignored our better judgment in our health and in our habits; we are buying to buy, scrambling for Tickle Me Elmos and embroidered signs that say "bless this mess" while listening to

never think about again. Do things that you will have a hard time not thinking about every second for the rest of your life. Experience. We are our biggest limiter.

Fruit is not ornamental, and it is not meant to just sit decoratively on our tables; fruit is meant to be devoured.

You can touch everything. Unfetter yourself. Go, do, be; these are all as important as have. To buy a plane ticket costs as much as buying an oversized Buddha statue, but buying the ticket is what would make Buddha happy.

You do not learn from things, you learn from experiences. I am not berating you with anger; I am begging you with everything.

NEXUS



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email,
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to hear your
story tips.

250-370-3591. editor@nexusnewspaper.com. richmond house 201, lansdowne.

SPEAK UP

How do you feel about the quality of instruction at Camosun?

BY ADAM MARSH



EMILY WOOD

"I think it's great. I'm in the Nursing program and all of the teachers are really nice and really supportive, and you can just tell that they're in it for the students' success."



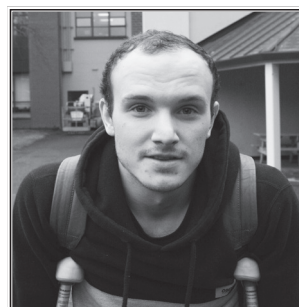
BRIANNA QUINSEY

"I feel really good about it. I've been here for two years; the amount I knew when I came here versus now is totally different. The instructors are really engaged; they're really passionate, because you get to actually interact."



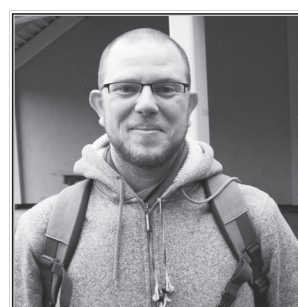
MAIA GRISCH

"I really like it. The teachers are very nice and relaxed and lenient with assignments; they're very understanding of mental-health problems."



GRAHAM WRIGLEY

"It all comes down to the professor or the instructor, really. Some of them fly through the material a little too quickly when they don't really understand who the students are that they're teaching."



NICK HOLLAWAY

"I feel the quality is good. I've had no problems with it."



REXX CURRAN

"Sometimes the teaching quality can be hit or miss. Some teachers are really on it and then others, I have a hard time going to their lectures."

community

Camosun gets feedback on new sexual violence policy



JILL WESTBY/NEXUS

Camosun vice president of student experience Joan Yates.

ADAM BOYLE
STAFF WRITER

Camosun College is moving ahead with its drafting of a new sexual violence and misconduct policy. As part of this process, Camosun recently had community feedback sessions, where students and others could make their voices heard. According to Camosun vice president of student experience Joan Yates,

the first feedback session, held on January 24, went smoothly.

“There weren’t a lot of people, but there was some very deep and broad discussion,” says Yates. “Given the nature of this issue, that’s what we expected. Those that came gave us incredible thought and are spending a great deal of time giving some thoughtful feedback to it, pointing out where there may

“Those that came gave us incredible thought and are spending a great deal of time giving some thoughtful feedback to it, pointing out where there may be gaps, where things might work, and what the college can and cannot do.”

JOAN YATES
CAMOSUN COLLEGE

be gaps, where things might work, and what the college can and cannot do. This kind of conversation is incredibly helpful to us and helps us further understand this.”

Camosun College Student Society external executive Rachael Grant attended the first of the two meetings; she says that the sessions weren’t just for the policy itself, but also to look at how education fits in to the conversation.

“I thought the first session went really well,” she says. “It’s a part of the overall consultation process that has been undertaken so far and is a different format for folks to access. There were several tables set up and it was an opportunity for open discussion of not only the policy itself, but for education and resources that should be built around the policy when it’s implemented.”

Grant says that there have been changes to the draft throughout the process so far, and that the feedback

given to those working on the draft has played a big role in shaping the document.

“It’s been a living document, definitely,” she says. “There have been extensive changes based on student feedback, and all the feedback, really. That’s part of what I really appreciate about this pro-

“It’s been a living document, definitely. There have been extensive changes based on student feedback, and all the feedback, really.”

RACHAEL GRANT
CAMOSUN COLLEGE STUDENT SOCIETY

cess—nothing is set in stone, and that the folks who are developing this all have a very open mind when it comes to the consultation that’s being sought out. When feedback is given, it actually translates to change.”

and have a policy that meets the needs of individuals and is in place for a long time.”

In accordance with provincial legislation, Camosun’s new Sexual Violence and Misconduct Policy will be implemented in May.

NEWS BRIEFS

Camosun offers new live event program

Camosun College is offering a new program, Live Event and Audio-Visual Technician, in September of this year. The course focuses on photography, video production, lighting, live and recorded sound, and camera and video production. The 10-course program is estimated to cost \$14,450, which includes an off-campus internship. See camosun.ca for more details.

Camosun to bring in more international students

Camosun College has entered into agreements with International College, Global Village, and four

other English-language-teaching companies; through the agreements, Camosun will take new students directly from these companies. Camosun brings in more than 1,600 students a year from overseas, with most students coming from a few countries; through these agreements, the college hope to get students from more countries.

Canadian Federation of Students anger Selkirk student union

The Canadian Federation of Students (CFS), to which all Camosun College students belong—and pay fees—recently showed up unannounced at Selkirk College in Castlegar to talk to students without telling the Selkirk College Students’

Union, according to emails shown to *Nexus*. This is the latest in a long line of events creating dissent between the national student organization and BC member locals (search “Canadian Federation of Students” at nexusnewspaper.com to get caught up). The CFS was also recently in Ottawa to campaign for free post-secondary tuition in Canada.

Victoria looking for creative ideas from public

The City of Victoria wants ideas on how to make Centennial Square more inviting to families and kids. The city is seeking creative ideas from qualified teams and people; the winner gets \$5,000 as well as a

maximum of \$50,000 to design their idea. The submission deadline is 4 pm on March 30; for details, visit victoria.ca/popupsquare.

Local groups want oil companies to pay up

50 groups from across British Columbia have signed off on a letter to municipal governments in BC asking for Big Oil to pay their share of environmental and climate-change costs. Victoria’s West Coast Environmental Law was one of the groups that signed the letter.

Conversation about art spaces in Victoria begins

The Downtown Victoria Business Association (DVBA) is spear-

heading a conversation around the creation of an affordable space for arts in Victoria. The space would include rehearsal areas, offices, storage, and room for set building. The DVBA has created a survey for companies to fill out about the construction of this space; if you’re involved with an arts organization, go to surveymonkey.com/r/CTTB6V5 to give feedback.

-ADAM MARSH

Got a news tip? Email editor@nexusnewspaper.com to fill us in.

Want to be a news writer? No experience necessary! Email us or stop by our office (201 Richmond House, Lansdowne campus) today!

As part of our 25th anniversary celebrations last year, we started an Instagram account! Come say hello over there and see what we’re up to online.

While you’re at it, we’re also on Facebook and Twitter, you know... Find us as [nexusnewspaper](http://nexusnewspaper.com) on all three. See you there!

criminal justice

Author examines lives of young offenders through mandatory Camosun reading



PHOTO PROVIDED

Gordon Cruse examines the lives of young offenders in his new book.

MASON HENDRICKS
WEB EDITOR

If you're in Criminal Justice at Camosun College, you've probably read Gordon Cruse's *Juvie*, which is a mandatory text in the program. Good news for those who liked what they read: Cruse—a local author and former juvenile detention guard of 26 years—has a new book out, called *Handcuffed by History*.

In this book, he delves into the lives of young offenders as they get older, examining what they have done since they were in juvenile detention. He also addresses issues relating to the criminal justice system, a shortage of social workers needed to assist vulnerable youth, and his time spent working as a juvenile detention guard. And the Camosun connection continues: proceeds from the sales of *Juvie* and *Handcuffed by History* provide bursaries, in memory of Reena Virk and Kimberly Proctor, to Camosun students.

Cruse says that most of the interviews he did for the book were in Western Canada and, although he tried to find women to participate, all are with men.

"It's a fairly sensitive subject; it means something to them to be in the book, and they've told me that," says Cruse. "In their words, these people tell me what path their life has taken since leaving young offender status and the crimes of their teen years. About two-thirds of the young men are able to turn their lives around; some are still in jail,

"One afternoon I was supervising a group of kids in arts and crafts—one girl, seven boys. I looked around and thought to myself, 'Gord, you are the only person in here who hasn't killed someone.'"

GORDON CRUSE
AUTHOR

some have went into what I would call a mainstream kind of lifestyle, and some of them are surprisingly accomplished."

Cruse has been a foster parent since 1973, so he has lots of experience with social workers and other foster parents. However, he admits that he was a bit thrown off by some of the interviews he conducted for *Handcuffed by History*; some of the interviewees had committed horrible acts of violence and were telling Cruse their tales. In an attempt to write about these youth offenders from an understanding point of view, Cruse heard dozens of anecdotes and details of the sad upbringings that some of the interviewees endured as children.

"These people committed all kinds of crimes, from shoplifting a chocolate bar or a sweater to murder," says Cruse. "One afternoon, in the late '90s, I was supervising a group of kids in arts and crafts—one girl, seven boys. I looked around and thought to myself, 'Gord, you are the only person in here who hasn't killed someone,' and that fact just blew

me away. Some of the torturous lifestyles they had to live when they were kids might have contributed to their decision-making. One kid said to me, 'My dad used to really be rough and hard on my mom. She was a really heavy lady and he made her climb up a steep, rocky hill in the winter to take drugs up to a meth lab that was hidden up in the trees.'"

Cruse witnessed firsthand both the good and the bad sides of young inmates during his time as a juvenile detention guard. He has watched with a warm heart as some of these inmates blossom into productive and law-abiding members of society.

"Some of these people, they've done some pretty amazing things after leaving juvie," he says. "It's not all a gloomy picture. I thought the most important thing I could do when I was at juvie was just to listen to the kids. I got called a few nasty names, and occasionally I would have to break up a fight, but the bottom line is where are they now, what happened to them, what effect has life in the centre had on them?"

know your profs

Camosun's Tika Brown on chocolate, shopping, and learning



JILL WESTBY/NEXUS

Camosun College Dental Hygiene prof Tika Brown.

ADAM BOYLE
STAFF WRITER

Know Your Profs is an ongoing series of profiles on the instructors at Camosun College. Every issue we ask a different instructor at Camosun the same 10 questions in an attempt to get to know them a little better.

This issue we caught up with Dental Hygiene prof Tika Brown to talk about chocolate as a food group, her possible shopping problem, and her love of the gym.

1. *What do you teach and how long have you been teaching at Camosun?*

I teach clinical and theory courses, periodontology, and nutrition

in the Dental Hygiene diploma program. This is my third year at Camosun College.

2. *What do you personally get out of teaching?*

Fulfilment and a sense of mindful, purposeful work.

3. *What's one thing you wish your students knew about you?*

That I learn just as much from them as they do from me.

4. *What's one thing you wish they didn't know about you?*

That I learn just as much from them as they do from me.

5. *What's the best thing that's*

ever happened to you as a teacher here?

The relationships that I've cultivated with our learners and colleagues. Oh, and the gym; I love the gym!

6. *What's the worst thing that's ever happened to you as a teacher here?*

It has, so far, been a really positive and enjoyable experience for me. Camosun really is a great place to work and I feel very blessed to have the opportunity to make an impact on student learning and experiences here.

7. *What do you see in the future of post-secondary education?*

Hopefully, more of everything that's of benefit to our learners.

8. *What do you do to relax on the weekends?*

Popcorn and movies! Also, I sneak in a little bit of shopping—it may be becoming a problem.

9. *What is your favourite meal?*
Chocolate... it's a food group, right?

10. *What's your biggest pet peeve?*

Dishonesty and a lack of integrity.

NEXUS

camosun's student voice since 1990

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health
Naked bungee jumping to promote mental-health awareness



KARA UDELL

A participant from a previous year bares it all and jumps for a cause during the Naked Bungy Jump for BCSS.

MASON HENDRICKS
 WEB EDITOR

Bungee jumping is a way to conquer fears. Bungee jumping naked is a way to conquer more than one fear—and, at an upcoming event, it’s a way to raise awareness for mental health issues as well.

British Columbia Schizophrenic Society (BCSS) administrative coordinator Hazel Meredith, who helps manage the naked bungee jumping event at WildPlay Element Parks in Nanaimo, says it’s about embracing fear, working hard against stigma, and making sure that the organization is reaching out to folks who maybe didn’t think that recovery was possible or that help was available.

“I think we’ve been making some great strides, and people are

more apt to be reaching out for help, which has created more need for adequate assistance,” says Meredith. “There is stigma out there. I think stigma lives where people are fearful, when we hear that mental health affects one in five people. Definitely just taking the time to listen to a person creates a different space where humanity can be embraced.”

Although she herself has not personally struggled with mental-health issues, Meredith has certainly felt the ripples of mental illness, as it has affected her own family.

“I have lost members of my family to suicide,” she says. “It really touches so many more people once you share your story, and once you do, they are usually more apt to share theirs, and—lo and behold—

our humanity comes forward, and we can shine a light on the fact that we have more in common than not. I have also had depression run in my family, so mental-health issues are no stranger to my family and many folks that we know.”

First-year Camosun Psychology student Cameron Webster volunteers for the BCSS and has participated in the event in previous years.

“People come to jump, they come to spectate, they come to speak, and some people come to do all three,” he says.

Webster has dealt with schizophrenia; he was hospitalized in the summer of 2014, and it still affects him to this day, although now he is taking medication and is in a more stable condition.

“I still sometimes have resid-

“If I was in the hospital with a broken leg I would probably post it on Facebook and tell all my friends. But when I was in the hospital, in the psych ward, I didn’t want anyone to know.”

ROBYN THOMAS

MENTAL HEALTH AWARENESS ADVOCATE

ual symptoms,” he says. “It was terrifying. I was delusional, I was hallucinating, I had problems with cognition and organized thinking... It was a scary time, because lots of weird stuff goes through your head, and you can’t even trust your perception of reality. I’m doing lots of public speaking, where I talk about the things that I’ve been through.”

Robyn Thomas is a first-year jumper and mental health awareness advocate who will be speaking at the event. She sometimes volunteers for the Stigma Free Society, where she speaks to elementary-school, high-school, and university students. She became involved with the cause after having her own recent brush with mental-health issues.

“I had my own experience with psychosis a year ago,” says Thomas, “so February 18 is a memorable date for me, because that’s when I was released from the hospital last year. It was just a really dark time where I didn’t feel hopeful that I would ever recover, so I thought it was kind of cool timing, too. I really just want to share my story and inspire people to be able to come forward and be able to talk about it.”

Thomas also believes there is a certain stigma attached to mental health, and that it is perhaps not

taken as seriously as other kinds of illnesses or injuries. She will be doing it naked—she finds bungee jumping and public speaking frightening enough as it is. She will also give a speech about mental-health awareness and assistance; for her, even giving the speeches is conquering a fear.

“I think it’s a lot easier to talk about physical health,” she says. “For example, if I was in the hospital with a broken leg I would probably post it on Facebook and tell all my friends. But when I was in the hospital, in the psych ward, I didn’t want anyone to know. Bungee jumping definitely freaks me out a bit. Talking about my mental-health struggles is something that I think is fear-conquering enough. Public speaking and presenting on mental health is something that I do now quite a bit, so I’m slowly getting more comfortable with it.”

Naked Bungy Jump for BCSS
 Saturday, February 18
 to Monday, February 20
 WildPlay Element Parks,
 Nanaimo
 35 Nanaimo River Road
 wildplay.com

literature

Author Lee Maracle brings her beliefs to Victoria



PHOTO PROVIDED

Author Lee Maracle will be reading for several nights in Victoria.

JAYDEN GRIEVE
 CONTRIBUTING WRITER

Lee Maracle is one of Canada’s most prominent aboriginal writers. An active activist, she has travelled across Canada, written many books, and proven that if you’re dedicated you can make your voice heard.

“I live my life as I live my life.

I’m what I call a sovereign Stó:lō woman,” says Maracle. “I live my life in a certain way, as did my grandmother, my great-grandmother, my great-great-grandmother, and her mother, who was the princess of peace for our nation; my children live this way.”

Maracle will be visiting Camo-

“Instead of the settler adapting to the new country, we had to adapt to the settler who took our country, and we’re hoping to change that over time.”

LEE MARACLE
 AUTHOR

sun as part of the Open Word: Reading and Ideas event. She has been publishing books consistently since the ’70s, and Maracle says that she first visited Camosun when she was 19 years old; this time around, she will be reading from her newer material.

“I’m probably going to read from my new work, *Celia’s Song*. It’s about this double-headed serpent and the struggle between the split mind,” says Maracle. “It’s a novel taking place in Stó:lō territory.”

Though known more for her fiction, Maracle has also written a number of non-fiction books, in which she discusses her vast knowledge of aboriginal history and issues. She says she will be reading from her new nonfiction book, *Memory Serves*, published in 2015,

as well as a book of poetry, *Talking to the Diaspora*, also from 2015.

“*Memory Serves* is really a series of speeches that I’ve done over time,” says Maracle. “We thought they made a good response to colonialism, and a good picture of Stó:lō philosophy.”

Maracle has spent plenty of time travelling the Salish territory, which covers all of Vancouver Island and spreads down into Montana and Washington. She has been described as a walking history book, a skill she currently applies as an instructor in the Indigenous Studies program at the University of Toronto. She is hoping to be able to teach the people who live in the territory a little more about Salish history.

“I would like them to get an idea of who we are as Salish people, be-

cause they live in Salish territory and it would be good to have the original point of view,” says Maracle. “Normally, when you move to another country, you pick up the original language and culture that’s there; that’s not what happened in our case. Instead of the settler adapting to the new country, we had to adapt to the settler who took our country, and we’re hoping to change that over time.”

Lee says that she is proud of the work that she has done and that she has been able to see change over time, which isn’t always easy.

“I believe in everything I’ve said, or done, or written,” says Maracle. “You are a little stone in a quiet pond and your ripples go out no matter who you are.”

Open Word: Readings and Ideas with Lee Maracle
 7:30 pm Tuesday, February 28
 Open Space
 4 pm Wednesday, March 1
 Camosun College, Room 234,
 Wilna Thomas Building
 7:30 pm Wednesday, March 1
 Open Space
 openspace.ca

music

Wolf Parade return to where it all began with new EP



PHOTO PROVIDED

Camosun alumnus Arlen Thompson (third from left) is returning to town with Wolf Parade.

PATRICK NEWMAN
CONTRIBUTING WRITER

After a six-year break, BC-born/Montreal-bred indie rockers Wolf Parade are returning to Victoria. For drummer Arlen Thompson (who was in the University Transfer program at Camosun in 1999, when he also penned some *Nexus* articles), proximity and timing played a large part in the band reuniting, recording new material, and touring again after the release of their fourth self-

titled EP in early 2016 (yes: fourth self-titled EP).

“For quite a while everyone in the band was kind of spread over the four corners of the earth,” says Thompson, who currently lives in Nanaimo. “Spencer [Krug, keyboardist/vocalist] lived in Finland and Dan [Boeckner, vocalist/guitarist] lived in San Jose. Spencer moved back to the island, so now with three of us on the island it made sense that if we were going to do it, this would

be a good time. Dan came out from Montreal and we just jammed a little bit and talked about a few things, and if we could do it again what we’d want to change. Then we started making music again and it felt good so we decided to get back into it.”

While the band members began playing in different bands in Victoria, it wasn’t until they met in Montreal that their friendships and musical careers took off. After forming in 2003 in Montreal, Wolf

“We’re a lot more grown-up from when we started, a lot more experienced.”

ARLEN THOMPSON
WOLF PARADE

Parade released a couple of EPs on their own before their first album, *Apologies to the Queen Mary*, was released by Sub Pop Records in 2005.

“Victoria is a great city to woodshed, to develop your thing,” says Thompson, “but it’s a really hard place to develop your career because you have to take the ferry every time you want to leave the island to play somewhere. Montreal is great because you’ve got so many big cities close by: Toronto, New York, Boston, Philadelphia. In Montreal, when I first showed up, the city wasn’t really happening. We had friends, the Arcade Fire, and we were playing shows with them and watched them really blow up. It was pretty amazing, and we watched that whole city transform in a lot of ways. We were in the right place at the right time.”

Wolf Parade have put in years of hard work to make their new record, which they’re looking to release this summer. They’re also working with producer John Goodmanson, whose previous production credits include albums by Hot Hot Heat, Sleater Kinney, and Pavement in the past.

“We’re a lot more grown-up from when we started, a lot more

experienced,” says Thompson. “I think everyone’s a lot more confident in what we’re doing. We kind of found a process for songwriting that worked really nicely. I think we were really able to put together a really great group of songs.”

With back-to-back shows this month—including three nights in Vancouver, followed by two here in Victoria—and plenty of side projects for all band members, including Thompson’s two-man project Anunnaki, Thompson and the other members of Wolf Parade have no intentions of slowing down.

“We have some festival shows through the spring, we’re finishing off the record, we’re doing some touring this summer, we’re doing the Vancouver and Victoria shows,” says Thompson. “We realized that when we came back together again, we needed to give the west coast some love. It’s going to be a lot of fun playing Sugar for old friends and family.”

Wolf Parade
Saturday, February 25 (sold out)
Sunday, February 26
\$29.50, Sugar Nightclub
sugarnightclub.ca

art

Cooking and dancing form unlikely alliance in new performance exhibit



PHOTO PROVIDED

Practices of Everyday Life: Cooking brings together art, dance, and cooking in one performance.

ADAM BOYLE
STAFF WRITER

Cooking is great. The smells, taste, and presentation of a dish can go a long way, working together to bring the art of cooking into day-to-day life.

A new art performance, *Practices of Everyday Life: Cooking*, combines two popular art styles—dancing and cooking—and is helped

along by visual media prompts and large moving projections.

Composer Navid Navab says that he hopes that this performance is able to transform the boringness of everyday life into something exciting.

“As the title suggests, it’s about everyday life and what’s happening in everyday life and packing it with potential for improvisational play,”

says Navab. “That means there’s a intersection where sometimes everyday life becomes playful, and then we can suddenly transform it from its mundaneness and improvise new ways of being and living.”

For *Practices of Everyday Life: Cooking*, Navab enlisted the help of professional dancer and chef Tony Chong, who, according to Navab, seamlessly brought together his

dancing ability and his cooking skills into a show that enchants the audience.

“When we approached Tony, he said, ‘Oh, I’ve always wanted to put these disciplines together.’ What this allowed was to ask Tony to basically forget about dancing at first, and we got him to chop for hours to see where things could become playful. That’s the energy of the show. The playfulness is the craziness of the rituals; the insanities that might be in the action don’t come from the stage but from everyday action. Tony has been really great at being able to control these boundaries.”

With routine practices like cooking, it can become hard to produce a show that doesn’t seem staged or scripted. Plus, simple things like chopping, boiling, and seasoning can become robotic actions and can seem boring to some. Navab feels that Chong brings these actions to life and grabs the audience’s attention well.

“As the audience, you don’t feel like he is performing playfulness,” says Navab. “As soon as you sense someone is performing playfulness, it feels staged. At some point Tony becomes so playful that he almost becomes violent, insane, or ritualistic. Tony’s really able to go into

that zone and to lose it. His sense of timing is amazing; I’ve never seen anyone that can do something so perfectly on the first attempt.”

During the performance, Chong prepares a dish that the audience can come and taste after it’s finished. As with most cooking, senses play a significant role; Navab says that one second the audience will just be sitting there and the next they’re hit with the overpowering smell of ingredients, which is all timed with the show itself.

“Tony is actually making a dish that the audience then rushes on-stage to consume,” says Navab. “The multisensory aspects of the show are huge. You have this strong point in the piece where you have garlic and onion and a type of sauce that hits the audience in a strong way. They’ve been watching for about 40 minutes and then suddenly they’re hit with this strong, familiar, delicious smell. This is all timed so that the sounds and the visuals that go with it really immerse you into this environment.”

Practices of Everyday Life: Cooking
8 pm Sunday, February 26
\$11, Open Space
openspace.ca

music
Local conductor brings Beethoven's humanity to Victoria

FELICIA SANTAROSSA
 CONTRIBUTING WRITER

Local conductor Yariv Aloni scoffs at the idea of calling a composer “dead.” After all, their music is alive, he says. As the musical director of the Victoria Chamber Orchestra (VCO), he will be conducting what he calls “timeless music” here in town on February 17, when he brings Beethoven’s music to locals.

“It never gets old,” he says about Beethoven’s work. “No matter how old it is and how many times you’ve played it, it’s as if it were written yesterday; it’s always fresh. The music is incredibly alive and to hear it live, it’s something irreplaceable; it’s bigger than life, bigger than anything. For us, the players, to be able to be in it and produce the sound is the most thrilling thing.”

This is Aloni’s 23rd year conducting the VCO; at this event he will be conducting what he says are two very different symphonies. Aloni says the iconic fifth symphony is relentless and one of the hardest symphonies to conduct, since the instruments are playing all together for nearly the entire piece; he says the second symphony has a bit of a rebellious side to it.

“[It’s Beethoven] kind of testing the water,” says Aloni, “seeing how much interruption and a rebel he can be.”

The choice to take on Beethoven’s symphonies happened almost by fluke, says Aloni. The VCO had

“To hear this music live, it’s something irreplaceable; it’s bigger than life, bigger than anything.”

YARIV ALONI
 CONDUCTOR

already done a few of the German composer’s works and unanimously decided to keep going.

“I felt there was such a feeling in the orchestra of achievement,” he says, “and I said, ‘I think I want more.’”

It’s easy to think that people would become bored playing the same artist’s music over and over again, but Aloni says that’s not the case.

“It’s the humanity of his voice, the sheer humanity in all aspects,” he says. “It’s incredibly complex, and simple. The feelings are so profound. You have all the emotions like you have in any great music, but it’s on such a profound level. With Beethoven, you have hundreds and hundreds of pages of revisions and notes and ideas and crossovers and sometimes an incredibly violent way of erasing something without even erasing it. You can feel the struggle of how to make it the best, and of course his own life struggle of not



PHOTO PROVIDED

Conductor Yariv Aloni calls Beethoven's compositions “timeless music.”

being able to hear, so the results are unbelievable.”

When it comes to those results, the task for Aloni isn’t so much about creating what he wants to hear as it is about guiding the orchestra through the piece.

“It’s thrilling when the orchestra really comes together, but it’s

not so much what I want,” he says. “If I’m able to help them bring the best out of themselves, they don’t really play for me, they play together. I’m there to help them do that and to inspire them and to focus them. I just help them achieve it, so it’s really their achievement, which is the real celebration.”

Beethoven's 2nd Symphony in D and 5th Symphony in C Minor
 8 pm Friday, February 17
 \$15 for students (free for music students)
 First Metropolitan United Church (932 Balmoral)
victoriachamberorchestra.org

review
Gracie a one-woman success



DAVID COOPER

Gracie is a solo show that compels, thanks to Lili Beaudoin's performance.

AMBER PECKHAM
 CONTRIBUTING WRITER

Going into *Gracie* at the Belfry Theatre, I didn’t expect a single actress to be capable of holding the attention of an audience for a full 90 minutes. However, Lili Beaudoin’s enthusiastic and believable performance of *Gracie*—a girl growing up in a polygamist society in Bountiful, BC—did just that, and more.

The unique perspective of the character made for a very compelling story. Beaudoin made excellent use of the space in the theatre to project her voice to the audience in a very powerful way.

The production itself was well put together. The use of lighting with Beaudoin’s performance helped convey the sense of time passing, the feeling of seasons changing, the warmth of the sun

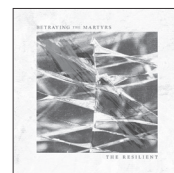
as it rose, and the light of the moon as darkness fell. While the performance itself was relatively quiet outside of Beaudoin’s voice, the use of sound and music in the show was incredibly effective for seamless scene transitions.

The set itself was simple. At first it seemed a little distracting from the performance and at times felt a touch unfitting to the theme of the play; however, Beaudoin made excellent use of the space provided to convey her story, so the set appeared to fade away as the play progressed. She often made use of simple hiding places on the stage to stow things away and out of sight from the audience until it was necessary to pull them out. Through her acting and the use of light and sound, I could really envision each scene she described. By the end of it I could barely notice the set behind her.

Beaudoin gave a stellar performance onstage. Her character showed a unique perspective on a controversial topic. The one-woman show that is *Gracie* is certainly worth a watch for the experience that Beaudoin provides.

Gracie
 Until Sunday, February 19
 Various prices, Belfry Theatre
belfry.bc.ca

New Music Revue



Betraying the Martyrs
The Resilient
 (Sumerian Records)
 4.5/5

Paris-based deathcore band Betraying the Martyrs’ third full-length, *The Resilient*, is fierce and electrifying.

Riddles of political statements find their place in the lyrics while beckoning an intense emotion within the listener that wills them to listen further. Lyrically, the album is profound; the instrumentation is astounding, weaving it all together perfectly.

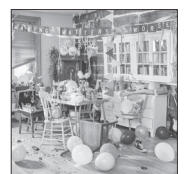
My personal favourite song is “The Great Disillusion,” with its heart-wrenching lyrics that are pumped with adrenaline through the poignant vocals. Another favourite is “Lost for Words.”

Unfortunately, some songs, such as “Unregistered,” lack a diverse vocal range. This shortcoming in variety can be seen in a few other tracks as well, but overall the album makes up for it.

The Resilient is undoubtedly worth a listen, although a few parts felt slightly repetitive. Regardless, I highly recommend this album to

those who wish to listen to provocative music.

-JORDYN GOODWIN



Le Trouble
Making Matters Worse
 (Indica Records)
 3/5

Making Matters Worse is the first full-length album from Montreal-based pop band Le Trouble. I didn’t expect much as I began listening to the first song on the album, “How Was I to Know,” as it takes a long time for the lead singer to kick in, something I didn’t like very much. But I was surprised by the later songs, especially “What Do You Want from Me,” which has a unique pop sound. “Anywhere but Here” and “Fistful of Glitter” had awesome beats as they started.

Making Matters Worse is a pop album, but I can hear some rock and indie influences as well. The songs generally have a head-bobbing groove, but they do start to sound similar after a while. Although the vocals didn’t have much range and are slightly out of key, the fast beat made up for it.

-CALISTA PEARSON

what's going on

by adam boyle

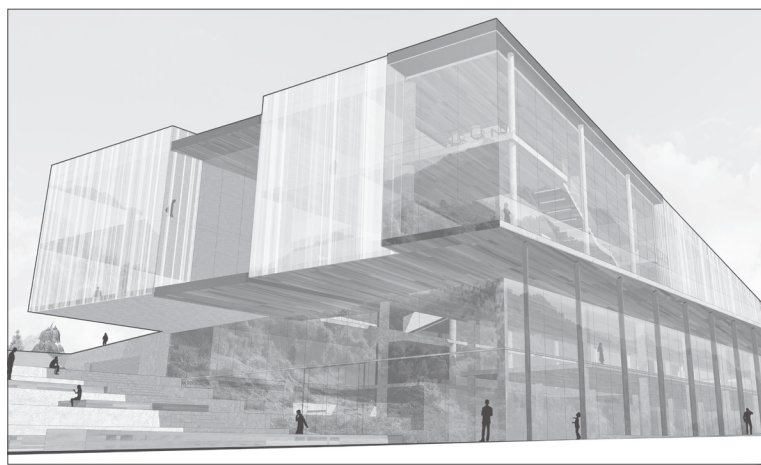


PHOTO PROVIDED

Share your thoughts on Camosun's newest building on February 20 and 27.

UNTIL THURSDAY, FEBRUARY 23

Get high

Have you ever wanted to sing? The Gettin' Higher Choir is looking for new additions to their troupe this spring season. All voices welcome; no audition necessary. The choir will be recruiting until February 23; for full dates, times, and locations, visit gettinhigherchoir.ca.

UNTIL SATURDAY, MARCH 4

Get secretarial

The Age of Arousal, a play set around the 19th-century women's suffrage movement in London, is coming to Theatre Inconnu this month. The play focuses on three sisters who are new to a school for

secretaries. Tickets are between \$10 and \$14 and can be bought at ticketrocket.co.

UNTIL SATURDAY, MARCH 4

From utopia to dystopia

Local artist Neil McClelland has Everything Is Being Perfected, a new exhibit showcasing his latest work, up at Deluge Contemporary Art until March 4. For more info, check out deluge.ca.

THURSDAY, FEBRUARY 16

A night of social justice

The Victoria Friends of Cuba is hosting a social justice film night, screening Cloud Makers, The Last Stand for Lelu, and The Great Laws

of Nature. The three films cover three different First Nations groups across Canada who are all fighting for causes. Admission is by donation; the films will be screened at the BCGEU Hall at 2994 Douglas at 7 pm. See victoriainfriendsofcuba.wordpress.com for more info.

THURSDAY, FEBRUARY 16 TO SUNDAY, FEBRUARY 26

Mozart's magic

Pacific Opera Victoria will be presenting Mozart's The Magic Flute, a tale of love, comedy, and magical music, at the Royal Theatre. This performance includes some of Mozart's famous classical compositions. Tickets are between \$25 and \$135 and are available at rmts.bc.ca.

MONDAY, FEBRUARY 20 AND MONDAY, FEBRUARY 27

Speak up

Want to share some thoughts on Camosun's future health sciences building? Come check out some designs for the planned Interurban building and ask questions at these two sessions, which are open to students. The first one is from 10 am to 1 pm on Monday, February 20 in rooms 320 and 321 at Campus Centre at Interurban; the second is from 9 am to 12 pm on Monday, February 27 in room 151 in the Library & Learning Commons at Lansdowne. See camosun.ca for more info.

TUESDAY, FEBRUARY 21 TO SUNDAY, MARCH 12

Taking off with a friend

Taking Off, a new comedy play about a middle-aged, middle-class mom wanting to get away on vacation with her friend, is coming to the Belfry Theatre. Visit tickets.belfry.bc.ca for tickets and belfry.bc.ca for more information about the play.

THURSDAY, FEBRUARY 23

Victoria was good at hockey too

Once upon a time Victoria won the Stanley Cup. You heard that right: our city won the cup. The Victoria Historical Society is presenting the talk "When Victoria Won the Stanley Cup" at the James Bay New Horizons Centre; admission is \$5. If you're interested in this event, visit victoriahistoricalsociety.bc.ca, and check out nexusnewspaper.com for our web-exclusive story on this event.

SATURDAY, FEBRUARY 25

Igniting musical spirit

Spark to Flame 2017 is coming to the Alix Goolden Performance Hall on February 25. Spark to Flame is a classical music concert that features students of the Victoria Conservatory of Music performing alongside professional musicians. The concert will feature several soloists as well as larger bands. Tickets are \$6.65 online or \$5.25 in person; see vcm.

bc.ca/events/spark-to-flame for more info.

SATURDAY, FEBRUARY 25 AND SUNDAY, FEBRUARY 26

Love like a red rose

Victoria Mendelssohn Choir is looking to sing away the cold this season with some romantic songs. If you're interested in having people serenade you, the choir will be at St. Peter's Church on February 25 and 26. Tickets are \$20 and are available at Russell Books, Ivy's Bookshop, and other locations. For more info, email katie@newfoundfiddle.com.

SUNDAY, FEBRUARY 26

Innovating the grooves of India

Juno-winning artist Kiran Ahluwalia is performing at the University of Victoria's Farquhar Auditorium this month. Ahluwalia's music combines Indian grooves with Saharan desert blues and western jazz. For ticket information, visit tickets.uvic.ca; see more details on this and other events at uvic.ca/auditorium.

TUESDAY, FEBRUARY 28

Starting the next phase

New country band Nice Horse will be playing at the Save-on-Foods Memorial Centre on February 28 as part of their tour with Canadian icon Tom Cochrane. For more info, visit nicehorsemusic.com.



By Jayden Grieve



SLEEPING IN IS LIKE BEING A LAME TIME TRAVELLER.



UGH... WHAT TIME IS IT...?



GREAT SCOTT! IT'S STILL TOO EARLY! I'VE GOT TO GO FURTHER INTO THE FUTURE!



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Advertisement for Toastmasters International, featuring the slogan 'Where Leaders Are Made' and contact information.

Advertisement for Nexus newspaper, featuring a 'Web Exclusive' section and a list of top five most read stories.

Dearest Reader

by Aaron Stefik

A proposal: the battle of the bathrooms has only just begun

Dearest Reader,
It is well understood that the ever-mighty marching feet of the feminist movement have traversed a long and unsteady ground throughout the preceding decades. The victories of suffrage and legal gender equality long behind us, the most noble endeavour has fallen to our generation's finest and brightest to find new enemies, and to defeat them. This they have now done long and proudly, but be not complacent, dearest reader! That selfsame abhorrent scourge whose heel first ground unthinkingly the high-minded spirit of the feminist cause remains rooted deeply, as some noted writers have recently observed, in the heart of Camosun's own society.

I write, of course, of the den of inequity which remains in the form of the vast majority of the college's bathrooms. To be sure, a handful of our establishments of bodily relief have been liberated from the gender binary, by the hand of our ever-ready social soldiers, but is this yet sufficient? Surely, logic must follow,

Our war will be a bitter one, I concede, and a venture not won but for the valiant fighting spirit of our legions of iron-hearted soldiers, amongst whom the only sexual orientation accepted is justice.

that any reference to the supposed existence of one gender or another must first be expunged from our society, should we hope to achieve true equality.

Our war will be a bitter one, I concede, and a venture not won but for the valiant fighting spirit of our legions of iron-hearted soldiers, amongst whom the only sexual orientation accepted is justice. We shall begin the new campaign with an assault upon what enemy-occupied territories remain, sending our troops of either gender into the washrooms of their opposites in protest of the foeman's exclusionary policy. Our female forces will conduct a full frontal assault on the urinals, while our male troops will

organize a sit-in of the bathroom stalls. Though the fear has been raised that the former forces may lack the proper equipment to complete their mission, I am told that their sheer fortitude will more than account for this. The sole obstacle of objection raised to our plan of attack concerns the fear that an insufficient number of our feminist forces still constrain themselves to a single expression of gender, that we could divide our forces as planned for the assault.

One engagement is not the war, and the latter will be one of attrition, it must be admitted. But be it assured, Mary Wollstonecraft herself would beam with pride at the battles we have chosen.

The Bi-weekly Gamer

by Adam Boyle

What *Super Smash Bros.* needs

Flashback to 16 years ago: Nintendo has just published the second title in its *Super Smash Bros.* series, *Super Smash Bros. Melee*. Ring any bells from years past? *Melee* has over these 16 years become one of the most beloved "have your friends over and beat the snot out of each other" games of all time.

Surprisingly, this game—and series—has stood the test of time and has evolved into one of today's top esports.

As I did research into the competitive *Melee* scene, I discovered a fatal flaw that could prevent the series from staying at the top of the tables in the upcoming years. Take a game like *League of Legends*, for

example—top esports, huge viewer base, and a solid foundation for the competitive scene. Switch back to *Melee* and you have a growing esports and a growing viewer base, but hardly any structure or foundation at all. Players are signed on to teams like in any other game, but there are so many tournaments going on at once that you have players constantly scattered across North America at these events.

This isn't only a problem for the players who have to travel constantly; it's a problem for the viewers who hardly ever have a single stream to watch or a noticeable tournament to pay attention to. It's also why I haven't covered the game for so long, as it's near impossible to even

figure out what the largest events in the scene are or what player is worth watching. What the game really needs for it to take off and provide a stable starting point for its future is a proper league system.

Now this doesn't just apply to *Melee*; the other games in the *Smash Bros.* series also have this issue. If the series hopes to last among the other game giants, someone somewhere will need to set up a proper league for the players, be it singles or doubles match-ups. As a game that holds great nostalgia for me, seeing something like this in place to help keep the series strong would be a very nice gift from Nintendo—or from some of those rich tournament organizers.

Calculated Thought

by Sean Annable

Personal information is a commodity

Our generation is very educated, but we also face a tougher job market than our parents did, so, it's befitting that we should learn how to make sound financial decisions in a changing economic landscape. Since many say we are entering a new knowledge economy driven by information, I'd like to shift the conversation from matters of money to the value of information.

mere access to online services is fair compensation for the use of our information.

Ethical questions were raised recently after reports that both the Brexit "leave" campaign and Donald Trump's presidential campaign hired Cambridge Analytica, a UK firm that specializes in data analytics and audience targeting. Using a branch of psychological

If we are willing to accept a world where our online activities are tracked and monetized, we need to ask ourselves if mere access to online services is fair compensation for the use of our information.

CBC's *Marketplace* recently aired a story where the producers developed a daily horoscope app that was free to download, with all the usual permissions requested from standard apps, and later showed users what information they had given up. It was unnerving to see that participants had shared their texts, phone logs, locations, and photos without their knowledge to the creators of the app.

It's not just apps that peek at our data and sell it. Facebook, Google, and Microsoft do it; credit-card companies sell our purchasing information. It's up to us to fight for transparency. If we are willing to accept a world where our online activities are tracked and monetized, we need to ask ourselves if

study known as psychometrics, the firm uses a data model that can predict personality profiles based on peoples' digital footprints. It's unclear what role they played in the success of these campaigns, but it's noteworthy that the Cambridge University model—which Cambridge Analytica's model is based on—can reportedly predict someone's answers to private, personality-based questions better than that person's partner could, using only data from 300 Facebook likes.

What was the value of this kind of information for Trump's campaign? Depending on the sources, the number is between \$5 million and \$15 million. The data, however, was all kindly donated by folks like you and me.

NEXUS HUMOUR

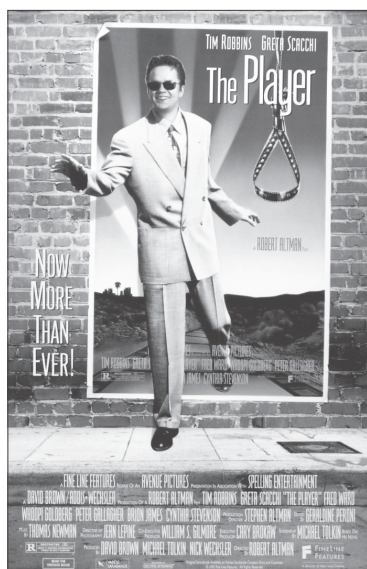
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To See or Not to See

by Finlay Pogue

The *Player* a film about filmmakers making films



The Player
4/5

In art there exists the now-well-documented phenomenon of the

"meta": a piece of art, literature, theatre, film—anything—that is self-referential, self-conscious, about its own existence.

In the art world, there's Andy Warhol's pop-art "Campbell's Soup Cans"; literature has Miguel de Cervantes' *Don Quixote*; in film, there's Robert Altman's *The Player* (1992).

But what is vital to note is that Altman, like the great artists before him, uses the meta aspect in his film not for cheap laughs or celebrity cameos but because the story needs it. Without it *The Player* would merely be a '90s crime film, and not the dashingly clever, enthralling, elbow-nudging work that it is.

Like most good things, though, meta's reputation for being edgy or clever has been severely tarnished—so much so that some would suggest meta is no more—by feckless screenwriters and directors who lean on it as a crutch and not as a

device to draw the viewer in further. Examples of this include *Deadpool* (2016) and the abominable *Sausage Party* (2016), where, in absence of direction, message, ideas, and laughs, the filmmakers turned to making fun of themselves—their medium and their characters—and other celebrities, leaving the viewers asking themselves why they should bother watching a film when even its creators didn't care about it.

The Player is much more closely related to *Adaptation* (2000), where the filmmaker/writer team was so full of ideas that they couldn't help but loop the story back to their own reality—a practice that implicates the audience in a surprisingly immediate way. In that vein, *The Player* is so dense with references—verbal and visual—that it demands not only that you watch it multiple times, but also that you watch its influences; in doing so, you will

appreciate what Altman has done with this picture.

For example, in the opening shot, the roving camera eavesdrops on a pair of men discussing the brilliance of Orson Welles' own opening shot in *Touch of Evil* (1958)—an immensely complicated three-and-a-half minute virtuoso shot.

Altman then proceeds to extend his own opening shot to the eight-minute-plus range, and you can't help but smile at its superfluousness and at its technical brilliance—and at no point does the audience feel like Altman is taking a shortcut or referencing the past because he's out of ideas in the present.

The greatest films are the ones that feel as though they're so full of ideas that you could watch them again and again and never quite plumb their depths—*Annie Hall* (1977), *Being John Malkovich* (1999), and *Pulp Fiction* (1994)

are this way, so inventive that every minute with them brings something intriguing and new. These are generous films, films that are so alive they can't help but share their idiosyncrasies with the audience.

It's worth noting that these movies are all in the meta strain of filmmaking, with *Annie Hall* and *Pulp Fiction* drawing attention to the editing structure of films, and *Being John Malkovich* drawing a parallel between the voyeuristic tendencies of the cinema and spying on John Malkovich by being inside his head.

Perhaps *The Player*'s greatest drawback is that to really appreciate its intricacies one must be willing to do the research—to watch the films it references—and be aware of its great, winking intelligence.

This is a film made by a filmmaker about filmmakers making films. It knows what it's doing, and all it asks is that you keep up with it.

february 15, 2017 issue word search

The theme for this issue's word search is... this issue. We took a bunch of words that were based on stories in this issue to create this puzzle. From Beethoven to consumerism, from naked to wolf, it's all here, and it shows what a diverse and interesting issue this is.

As an added bonus, one of the words below does not relate to a story in this issue. If you can figure out what that word is, come in to the office and get yourself a free *Nexus* T-shirt.

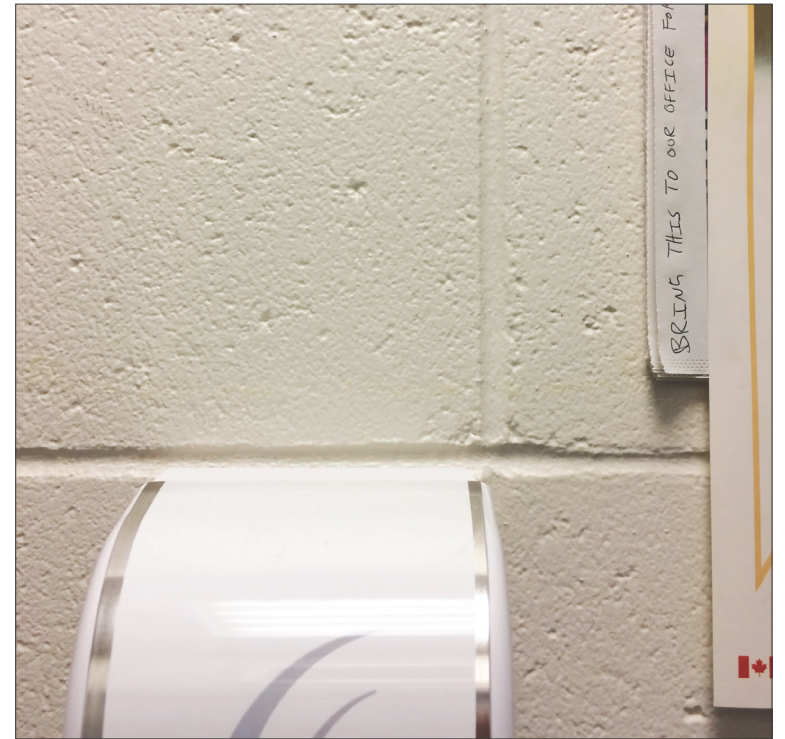
Find the words on the left in the puzzle on the right; as always, stop by the *Nexus* office (Richmond House 201, Lansdowne campus) if you complete this puzzle to pick up a prize.

Have fun!

BEETHOVEN
BETRAYING
BUNGY
CHILDHOOD
CONSUMERISM
COOKING
EARLY
EDUCATION
ENVIRONMENTAL
EVERYDAY
JUMP
LIFE
MARACLE
MARTYRS
NAKED
PARADE
RECONCILIATION
SEXUAL
TROUBLE
WOLF

U B O X E A V T W D W V J R L
E U S A L B U Y S W Y I P C S
V N N E B E T R A Y I N G D S
E G V F U E Y B G N I K O O C
R Y Z I O T D O H L X Z M O Q
Y T E L R H V U D E K A N H N
D I C A T O E H C O R S Z D E
A P M U J V N P D A U W V L Z
Y B G X Q E Y M C M T H K I Y
G F P E V N J L E W X I F H H
V Z G S W O E R E N B G O C T
R E C O N C I L I A T I O N N
E G L C U S U I P A R A D E H
C F J N M K F A P X I L L X S
U L L R L F F D Z A U Q Y Y B

contest

Find the hidden *Nexus* and win

GREG PRATT/NEXUS

Let's see if you can find this copy of the last issue of *Nexus*, which we hid somewhere at Camosun College's Lansdowne campus.

The first person to find this copy of the paper and bring it in to our office wins themselves a free prize!

Last time around, the issue was hidden behind a display case on the main floor of the Young Building. This time around, it's a bit tougher.

Who will find this issue's hidden *Nexus*? Happy hunting, and bring it to us once you find it!

know your writers

Nexus student editor Adam Marsh gets honest



GREG PRATT/NEXUS

dent on her struggle with mental health, and I had to ask her for details regarding her self-harm (instruments she used, how it made her feel to cut) and her stay at Eric Martin Pavilion. She was very transparent, and it was rewarding, but my heart was pounding the entire time. It's interviews like that that make me so proud of what we do here.

What are the worst and best parts of your job at the paper?

Waiting for a source to get back to me is frustrating sometimes, because you can only call and email so many times, and it doesn't matter if it's 10 pm on a Friday: once they do call, I have to take it. The other side of that coin is that if I want to work at 2 am, which I often do, I can. No paycheck can compete with that freedom.

Why did you originally come to Camosun?

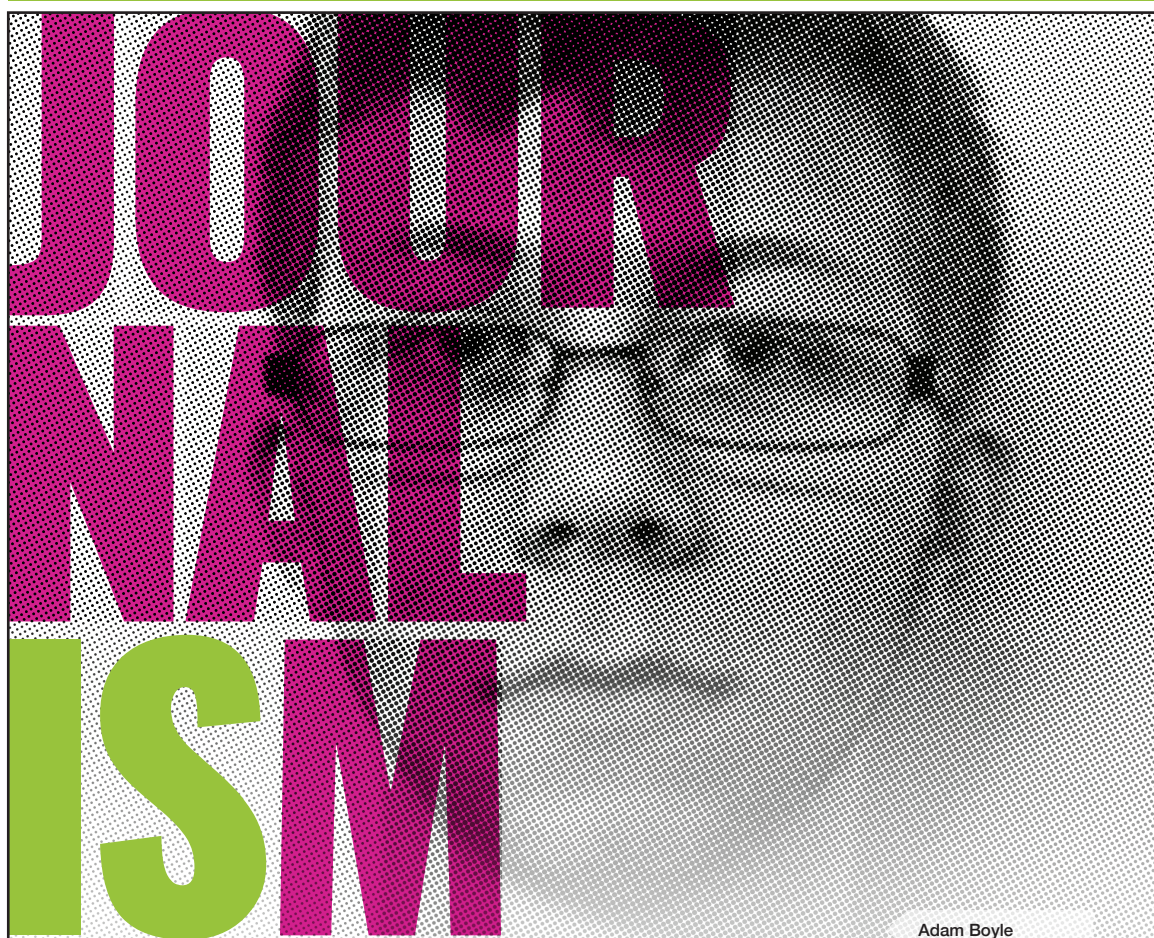
I stumbled into the Creative Writing program here. I was going through a rough time with substance use and addiction after high school—I've been clean and sober since 2013; it can be done, I tell you!—and the Individual Education Plan coordinator down the road at St. Michaels just kind of signed me up. I'm awfully glad she did, because my job, my girlfriend, and my education all came from being here.

What do you enjoy doing in your spare time?

Exercise is essential for me. I also like meditating. If you sit in silence for 20 minutes a day and say a mantra, your brain will change. Trust me. It doesn't matter how busy I am, I always make time for hobbies. Self-care isn't selfish.

What is the most awkward moment you've had in an interview?

I interviewed a Camosun stu-



committed to
telling the truth.

With a few keystrokes you can sample thousands of opinions, afloat in a sea of information. But as the volume increases, the accuracy and reliability of professional journalism is essential. Gathering and sorting the facts, weighing and interpreting events, and following the story from beginning to end is more important than ever.

Adam Boyle

Staff writer for *Nexus* newspaper. Boyle has reviewed local festivals and interviewed college sports teams, and writes a column about competitive gaming.

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